

# COME JOIN US !

*At our General Meeting*

May 9, 2017  
510 Belknap Pl.  
6:30pm

## WE HAVE A FANTASTIC SPEAKER!



*Representative from Zeitgeist Wellness Group*  
*Wenona "Win" Wray, PBCMHC, PBCCAFC, PBCAC*

Talking Points Include:

- Boundaries within Families
- Coping Mechanisms
- Counseling
- Family Communications
- Understanding Mental Illness

R.S.V.P. at 210-734-3349 or email [coral.m@nami-sat.org](mailto:coral.m@nami-sat.org)



*Don't wait, Save the Date!*

Saturday, October 7, 2017  
Morgan's Wonderland

Looking for:

- \* Team Captains
- \* Sponsors
- \* Walkers

Register now at:

[www.namiwalks.org/sanantonio](http://www.namiwalks.org/sanantonio)

## *Mental Health Conference Coming Soon!*

Pathways to Hope Conference  
August 11 & 12, 2017  
The Tobin Center for the Performing Arts  
Register now at: [pathwaystohope.net](http://pathwaystohope.net)



NAMI-San Antonio | 210-734-3349 | [www.NAMI-SAT.org](http://www.NAMI-SAT.org)



