

Newsletter

November 2016

In This Issue

[Advocacy Updates](#)

[AmazonSmile Donations](#)

[EZ's Fundraising](#)

Featured Article



Advocacy Updates

Save the date for our Capital Day trip to Austin. We will be renting a bus on February 8th, 2017. We will leave from our offices round 7:30 am. After attending an advocacy workshop and lunch with all the other NAMI Affiliates across the state we will make visits to our representatives. Registration will be starting for this trip in January.

We current legislative priorities include the following:

- San Antonio State Hospital Capacity Expansion
- CHCS Funding Equality
- Supportive Housing Services Expansion
- Closing the insurance gap
- Improving access to outpatient services to support jail release and diversion for individuals living with a mental illness

Quick Links

www.nami@nami-sat.org

www.namiwalks.org/sanantonio

Greetings!

We had an amazing Walk Day on October 1, 2016 at Morgan's Wonderland. Wonderful weather, energetic teams and over 700 people showed up to walk to eliminate mental illness!

We are still \$2,000 short of reaching our goal!

Our Grand Marshall, Sheriff Susan Parmerleau, shared her commitment to NAMI and the mental health community. The Bexar County Sheriff Office Crisis Intervention Team raised over \$7,550 dollars. The BCSOCIT has consistently raised over \$7,000 the last three years.



SAPD William McManus, our honorary chair, was joined by trainees from the San Antonio Police Academy. These young men and women receive training about mental illness through "In Our Own Voice" and family perspective presentations monthly. Our thanks go out to the dedicated walk team captains and corporate sponsors who gave generously to support our walk event. We still need your help! Our goal is \$100,000 and we are almost there!! We have two upcoming events that you can participate in to help us get to our goal.

EZ's RESTAURANT FUNDRAISING MEAL!

Join us on **Tuesday, November 15th at the EZ's restaurant on 734 W. Bitters Rd & 281 for a food fundraising meal.** Twenty percent (20%) of all ticketed sales will be donated to NAMI-SAT between the hours of during 6-10 pm. Please call the office at (210) 734-3349 if you have any questions.

BLACK FRIDAY and CYBER MONDAY

Experts estimate that 54% of all holiday shoppers will do their shopping on line this year. If you are someone like me who doesn't want to deal with large crowds and would rather do your shopping in a recliner watching a football game then I have a deal for you! Go to <http://smile.amazon.com> to do your online shopping and 0.5% of the price of your eligible AmazonSmile purchases will go to NAMI-SAT. All you have to do is shop and then selected NAMI-San Antonio at the end of your purchase. Remember to confirm you have selected NAMI-San Antonio because several NAMI organizations are listed.

New Board Introductions:

Welcome to our new board members Doug C. Beach, Clifford McGlotten and Teresa McCaleb. During our October Annual Meeting, Doug and I

Memorial Donations:

Losing a loved one is never easy. The family is grieving and often hurting. This past year many family and friends have given generously in lieu of flowers to honor a loved one. It is our hope that each family who loses a loved one will take comfort in knowing that NAMI-SAT will celebrate their life by continuing to provide free mental health education to others through the gifts in his honor.

had an open forum for members to give us feedback. We will be including comments during our strategic planning meeting in January. If you would like to give us feedback on our programs and services please call our office and asked to speak to Liza, (210) 734-3349.

General Meeting Clarity CGC

Our next general meeting will be on November 8th at Christ Episcopal Church at 6:30. Our guest will be from Clarity CGC. We are excited to hear about their expansions and programs. A light meal will be provided. **Please RSVP to (210) 734-3349 for meal planning purposes.**

NAMIWalks 2016 Corporate Sponsors

The Gordon Hartman Foundation	Methodist Specialty & Transplant Hospital	Hagendorf Construction
The Center for Health Care Services	Laurel Ridge Treatment Center	Focus and Balance Research
University Health System	Clarity Child Guidance Center	The Wood Group
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The University of Texas Health Science Center	La Paz Community Health Center	Amerigroup Corporation
NuStar Energy	McDougal Properties	Episcopal Diocese
Bonnie Furner, MD	Family Endeavors	Genesis Psychiatry Center
Hon. Polly Jackson Spencer	Ramon V. Sanchez, MD	The Health Collaborative
Enlightened Behavioral Health Care Center	Alkermes	Christ Episcopal Church
Gulf Coast Paper	Urgent Behavioral HealthCare	Wick Floor Machine Company
HEB	Sam's Club	Takada Lundbeck