

Newsletter

October 2016

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Advocacy Updates

The board is finalizing our legislative platform later this month. Issues that are being discussed include the following:

- San Antonio State Hospital Capacity Expansion
- CHCS Funding Equality
- Supportive Housing Services Expansion
- Closing the insurance gap
- Improving access to outpatient services to support jail release and diversion for individuals living with a mental illness

We will be posting our platform on our web site once our board approves the final initiatives.

Quick Links

www.nami@nami-sat.org

www.namiwalks.org/sanantonio

**:: 510 Belknap Place
San Antonio, TX 78212**

210-734-3349

Greetings!

Walk Day is 3 days away! Join us on October 1, 2016 at Morgan's Wonderland for our 10th annual NAMI WALKS- San Antonio. Join a team and help fight the stigma against mental illness!

Walk Day Information

We are looking forward to seeing so many of you at our walk this Saturday, October 1st. We will be at Morgan's Wonderland which is located at 5223 David Edwards Drive. Registration starts at 6:45 with the walk step off at 7:45.



We are also very, very excited to offer walkers the opportunity to enjoy Morgan's Wonderland theme park at a discounted rate of \$9. The park offers guests an opportunity to experience an off-road adventure ride around the park, relax while the kids swing or climb around in the Butterfly themed play area, and then check out The Sensory Village and let our imagination take off and see where your creativity takes you.

Everyone will need to exit the park so that the Wonderland staff can ready the park for the public after the walk. When Morgan's Wonderland Park opens at 10am you will need to show your NAMI Walks wristband, inform them you just attended the NAMI Walks and ask for the NAMI Walks discount.

The 2016 NAMI Annual meeting will be held October 11, 2016 at 6:30 p.m. NAMI San Antonio members who have an active membership as of July 1, 2016 are eligible to vote. Each membership is one vote. Please call the office at (210) 734-3349 if you have any questions about your eligibility.

Board Candidates Introductions:

Doug C. Beach- Doug is currently serving as President of the NAMI Board. He joined the board in 2015 as an appointment after another board member resigned. Doug is a Family to Family Instructor, a Family Support Group Leader and services on several ministry boards at his church. Recently, Doug coordinated very successful Pathways to Hope Conference to encourage development of mental health services in the faith community.

Clifford McGlotten, LCSW - is a former NAMI board member who is interested in increasing mental health services at the Veteran's Hospital and in the Eastside churches. Cliff is a state trainer for NAMI's Peer to Peer program, Connections and In Our Own Voice. Cliff is a retired social worker with veteran mental health experience and a military veteran.

Teresa McCaleb- Teresa is currently serving on the NAMI Board as an

Upcoming Events:

Mental Illness Awareness Week:

The first week in October is Mental Illness Awareness Week and NAMI will be launching our stigmafree initiative on campus campaign. The goal of this campaign is to get students and faculty in colleges and universities across the country to take the pledge to be stigmafree by:

1. Learning about mental health,
 2. Seeing the person, not the illness, and
 3. Taking action against stigma
- join this event:

<https://www.nami.org/stigmafree>.

World Mental Health Day: The Bexar County Mental Health Department is hosting the World Mental Health Day event on Monday, October 10th from 11am-1pm at Mission County Park-Dance Pavilion. Mission County Park is located at 6030 Padre Dr. There will be a free mental health resource fair, free food and family entertainment. Everyone is welcome to attend. For more information call the Bexar County Mental Health Department at (210) 335-0763 or www.bexar.org/mhd

Memorial Donations:

Losing a loved one is never easy. The family is grieving and often hurting. This past year many family and friends have given generously in lieu of flowers to honor a loved one. It is our hope that each family who loses a loved one will take comfort in knowing that NAMI-SAT will celebrate their life by continuing to provide free mental health education to others through the gifts in his honor.

interim appointment after a board member stepped down. She has expensive experience with working with children and youth, grief ministry, and mission service through her church. Teresa wants to support NAMI by using her gifts in our special events projects such as the Visionary Lunch, Kick Off Lunch and NAMI Walks.

Proposed Amendment to the By-Laws:

During our annual meeting an amendment revision will be submitted for members approval. The amendment is to move the annual meeting from October to November. Currently, the walk and the annual meeting are held during the same month which has been challenging to manage. Since the newly elected officers do not take office until January 1st each year, the board is recommending moving the annual meeting to November. The proposed amendment change is underlined below:

Section 4.2 Annual Meeting. The monthly meeting in November shall be referred to as the annual meeting. Elections shall be held for vacant director positions by totaling the number of members who voted electronically, mailed in ballots and members casting ballots at the annual membership meeting. This meeting will also be for the purpose of reporting on the operating condition of the corporation and to adopt amendments or revisions to the bylaws.

**Pathways to Hope
Ecumenical Worship Service**

Did you attend the Pathways to Hope Conference in August?

If so, we would like you to join us for a city-wide ecumenical worship services on Sunday, October 2, 2016. The Service is to provide comfort, hope & Strength for those impacted my Mental Illness. The service will be held at Antioch Missionary Baptist Church which is located at 1001 N. Walters St. For more information go to www.pathwaystohope.net

NAMIWalks 2016 Corporate Sponsors

The Gordon Hartman Foundation	Methodist Specialty & Transplant Hospital	Hagendorf Construction
The Center for Health Care Services	Laurel Ridge Treatment Center	Focus and Balance Research
University Health System	Clarity Child Guidance Center	The Wood Group
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The University of Texas Health Science Center	La Paz Community Health Center	Amerigroup Corporation
NuStar Energy	McDougal Properties	Episcopal Diocese

Bonnie Furner, MD	Family Endeavors	Genesis Psychiatry Center
Hon. Polly Jackson Spencer	Ramon V. Sanchez, MD	The Health Collaborative
Enlightened Behavioral Health Care Center	Alkermes	Christ Episcopal Church
Gulf Coast Paper	Urgent Behavioral HealthCare	Wick Floor Machine Company
HEB	Sam's Club	Takada Lundbeck